



RCBC COCKPIT







Mr. Arun Kudale President

Mr. Macchindra Deokar Hon. Secretary

Mr. Nawaz Khan GM & Editor

Volume 1/Issue 11 / 10 March 2023









At the helm...



Dear Members,

It is always a pleasure to me to communicate to you through this column of our bulletin 'RCBC Cockpit'.

The major event that we had on 19th February 2023 is the election for the three posts of the Managing Committee members. We usually conduct following three General Body Meetings in the year as per the requirement of our Constitution.

- Annual General Body Meeting This is usually conducted in the 1. month of September since this has to be conducted in the second quarter of the financial year. We generally consider the changes suggested by the members to the constitution, pass the accounts of the last year, appoint the auditor etc. in this meeting
- Second General Body Meeting This is conducted in the month 2. of February and is specifically meant for the election.
- 3. Third General Body Meeting This is conducted in the month of March and is devoted for the approval of the Budget.

Volume 1/Issue 11 / 10 March 2023









At the helm...

Apart from the above, we also conduct the Extra Ordinary General Body Meetings (EOGM) on demand from the members and the Managing Committee for special issues to be discussed.

This time for the Second General Body Meeting of the election, the enthusiasm in the members was very high. For the 3 positions in the Managing Committee, the contesting candidates were 9 and I consider this as the positive sign. This indicates the increasing interest of the members in the administration of the Club. But the attendance for the General Body Meeting was very poor. I had to adjourn the meeting for half an hour because of want of the quorum, which is 50 members in the total membership of about 3500 members. The voters' turnout was just 500 members, which is also not a very satisfactory figure. This is not a good picture. The members should take interest in the GB Meetings, its proceedings, deliberate on various issues and guide the Managing Committee by unanimous or the majority opinions. This does not happen and at the later stage members keep on complaining about those who take interest in such meetings enthusiastically. I appeal to all the members to take parts in GB Meetings and strengthen the democratic system followed in our club for the administration purpose.

Volume 1/Issue 11 / 10 March 2023









At the helm...

I would specifically like to congratulate the members of the Election Committee, who meticulously worked out the rules, scrutinized the forms, gave justice to all the contestants, and finally adopted the most modern method of voting by installing EVMs for the purpose. This gave a fool-proof result within few minutes after the voting was over.

I profusely thank the Chairman Zohar Kachwala, the Secretary Atul Atre, and the enthusiastic member Anil V. Kochhar for their selfless and flawless contribution in the entire process.

I hope, for the next election meeting the attendance will improve to a greater extent.

With warm regards,

Arun Kudale President 10th March 2023.













Hon. Secretary says...





Macchindra Deokar Hon. Secretary

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Increase in Annual Subscription of Permanent Members by 10 % with effect from 1 April 2023.

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We would like to bring to your attention following provisions in The Constitution-and- Bylaws of the Club.

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Clause No: XI SUBSCRIPTION

require prior approval of the General Body.

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(c) The Managing Committee may from time to time enhance, reduce, alter or revise the amount of subscription payable by various categories of Members or impose fresh and/or additional subscription on different categories of Members as may be provided in By-Laws SO HOWEVER that any increase in subscription payable by the Members by more than 20% shall

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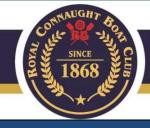
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ROYAL CONNAUGHT BOAT CLUB



Hon. Secretary says...

Address your Concerns to the CLUB

It is a known fact that RCBC club members are organized in Private "WhatsApp groups" that are administrated by senior club members. Many group members who are also Managing Committee Members of such private WhatsApp groups.

Many WhatsApp Group Members who are mainly member of the RCBC, raise and discuss the issues related to RCBC in such private WhatsApp Groups.

It is observed that Many things are based misinformation and or wrong information guided by the individuals. Such issues cannot be addressed by the Club or Managing Committee Members in the WhatsApp groups as this is not an official channel of communication.

The RCBC management will appreciate all complaints the following email addressed address: to info@boatclubpune.com. or sent in writing to the Club.

The Management will respond to such complaints / issues received on official email.

Volume 1/Issue 11 / 10 March 2023









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ROYAL CONNAUGHT BOAT CLUB



Hon. Secretary says...

RCBC members used the boating facility in February 2023.

























Volume 1/Issue 11 / 10 March 2023









Hon. Secretary says...

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	Boating Promotion				
н	For the Month Of February 2023				
			Membership	30 min	60 min
0	Sr. No.	Members Name	No.	Boating	Boating
	1	Mr. Ajay Anand	A-178-L	2 days	
N.	2	Mr. Anshay Patodia	P-164-P		3 days
	3	Mr. Guarav Arora	A-206-P		3 days
	4	Mr. Shourya Arora	A-206-P		2 days
S	5	Mr. Macchindra Deokar	D-133-L		15 days
6	6	Mr. Vedant Doshi	D-235-P		3 days
E	7	Mr. Hakim Murtaza	H-027-P	4 days	
	8	Mr.Farsheed Irani	I-046-P	6 days	13 days
C	9	Mr. Shabbir Jamnagarwala	J-040-L	4 days	2 days
	10	Mr. Abhijit Kapade	K-205-P	4 days	9 days
R	11	Mr. Sanooj Kottakalathil	K-391-P	2 days	
	12	Mr. Chirag Mehta	M-160-L	4 days	7 days
E	13	Mr. Rahim Merchant	M-321-P	1 day	
	14	Mrs. Nausheen Nalwala	N-090-P	2 days	6 days
T	15	Mast Zidan Nalwala	N-090-P	1 day	1 day
_	16	Mr. Jitesh Ptodia	P-164-P		2 days
A	17	Mr. Darshan Parikh	P-244-P		1 day
Ъ	18	Ms. Aira Parikh	P-244-P		1 day
R	19	Mast. Arush Parikh	P-244-P		1 day
Y	20	Mast. Ishaan Pawar	P-258-P		3 days
I	21	Mr. Sachin Pawar	P-258-P		3 days
	22	Mr. Ramesh Shah	S-138-L	1 day	
	23	Mr. Naman Shah	S-613-P	1 day	
	24	Mr. Parvez Saudagar	S-703-P	6 days	19 days
	25	Mast Ayan Saudagar	S-703-P	3 days	2 days
	26	Dr. Vishwas Yevale	Y-004-L	13 days	1 day

J-135-P

Volume 1/Issue 11 / 10 March 2023

Ms. Anni Jhon



6 days



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1 day



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ROYAL CONNAUGHT BOAT CLUB



New Affiliation Clubs in Kerala

RECCAA Club

RECCAA Valley,

Kakkanad, Kochi,

Kerala, 682030 India

CEO:- +91 95443 43335 Office:- 91 95442 83335

E-mail: info@reccaaclub.in

Web Site:- http://www.reccaaclub.in/

The Alleppey United Club.

Beach Road, Sea-view ward,

Kerala, India

Telephone: 0477 224 3688, Mob: 88487 78813

Email: thealleppeyunitedclub@gmail.com

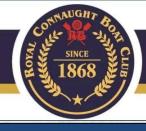
Web-Site: http://www.alleppeyunitedclub.com/contact-us/

New club affiliation requests were sent to the following clubs from RCBC as per the decision taken at MCM on 08-02-2023...

- 1. Otters Club- Mumbai
- 2. Gymkhana Club Goa
- 3. Cosmos Club Kerala
- 4. Sri Mulam Club Kerala
- 5. The Brookside Club - Kerala
- 6. The Trivandrum club Kerala









Affiliation Clubs in Kerala

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COCHIN YACHT CLUB

KONTHURUTHY, ERNAKULUM

Kochin, Kerala-682013. Kerala State, India

Telephone: (0484) 2310293, 2312308,

Manager: +91 9847066325,

Email: cyc@vsnl.net/info@cochinyachtclub.com

The Munnar Club

Near Lechmi Estate, Mankulam Road,

Munnar, Kerala-685612.

Telephone: (0486) 531192, 531193

Palghat Cosmopolitan Club

N. H. Bye-Pass Road,

PALAKKAD (District),

Kerala-678013.

Telephone: (0491) 2538866, 2510652, Mobile: 9388440442

Email:- cosmopgt@gmail.com

Mannam Memorial National Club

Near Secretariate,

Thiruvananthapuram, Alappuzha,

Kerala-695001.

Telephone: (0471) 2336811, 2331128, 2333599, 2320908.

Email:- mmnctvm@gmail.com









Affiliation Clubs in Kerala

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Kerala

Ramavarma District Club

Palace Ward, Alappuzha Kerala-688011.

Telephone: (477) 2251436, 2238544.

Email: info@ramavarmadistrictcluballeppey.com,

RAMA VARMA CLUB (REGD)

CLUB ROAD, ERNAKULAM

Kochin, Kerala-682 011.

Telephone: (0484) 2352040, 2365806

Email: info@ramavarmaclubkochi.com/ramavarmaclubkochi@gmail.com

The Mundakayam Club

Mundakayam East P. O.,

Idukki, Kerala-686513.

Telephone: (04828)-280021, 04828, 284310, 62352 92804

Email: mundakayamclub@gmail.com / themundakayamclub@gmail.com

Cochin Suburban Club

Thrikkakara B. M. C. P. O.,

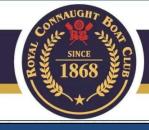
Kochin, Kerala-682021.

Telephone: (0484) 257 6571, 555871, 555177, 551571

Email:- cochinsuburbanclub1980@gmail.com







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ROYAL CONNAUGHT BOAT CLUB



Affiliation Clubs in Kerala

Trivandrum Club

Vazhuthacaud, Thiruvananthapuram,

Kerala-695010.

Telephone: (471) 4144444, 2726444

Email: trivandrumclub@gmail.com

Web-Site: www.trivandrumclub.net

Regency Club

Club Road, Kuttanellur,

Trissur, Kerala-680014.

Telephone: (487) 2353101,2350837

Email: mail@regencyclubthrissur.com

Web-Site : www.regencyclubthrissur.com

NRI CLUB TRIVANDRUM

P.O. BOX 1076, PATTOM NATIONAL

TRIVANDRUM, KERALA-695 004.

Telephone: (471) 4228888, 2540888, 9847060167

Email: nriclub.in@gmail.com, reservations@prhl.in

Web-Site: www.nriclub.in, www.phrl.in

The Citi Club

Dottappankulam, Beenachi PO

Sulthan Bathery, Wayanad DIST.

Wayanad, Kerala-673592.

Email: info@theciticlub.com; citiclubwayanad@gmail.com

Web-Site: www.theciticlub.com

Volume 1/Issue 11 / 10 March 2023









Affiliation Clubs in Kerala

Sri Mulam Club \mathbf{H}

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Near Tagore Theatre,

Vazhuthacaud,

Kerala 695010

Telephone: (0471) 2722980, 2723008, 2721980

Email: srimulamclub@gmail.com

Web-Site: www.srimulamclub.in

Periyar Club

Desom PO, Aluva 683102,

Kochin India,

Telephone: 0484 - 2606963/2604695,

Email: periyarclubdesom@gmail.com

Web-Site:http://www.periyarclub.com/

Engineers Club

33/588-B Chakkaraparambu,

Vennala, Kochi - 682 028

Telephone: +91 920 706 7775 / 0484 2808792.

Email: engineersclubindia@gmail.com

Web-Site: http://engineersclubindia.com

Volume 1/Issue 11 / 10 March 2023









Hon. Secretary says...

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RCBC WHATSAPP 7798881793 **KINDLY SAVE**

FOR RECEIVE THE NOTIFICATION.

Volume 1/Issue 11 / 10 March 2023











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DR. MUMTAZ M. PEERBHOY Chairman RCBC Cockpit Bulletin

HAPPY INTERNATIONAL WOMEN'S DAY

ओरत

जब तक वो चुप चाप सब कुछ सहती जाती है न कोई शिकवा न कोई गिला न कोई तजवीज़ न कोई सवाल बिला चूँ चरा किए¹ अपने फराइज़²अंजाम देती जाती है तब तक जिन्दगी ख़शगवार तरीक़े से चलती है। जहाँ उसने अपने हुक की बात की अपनी राय का इज्हार किया कोई सवाल पूछा अपने तशख्खुस को लेकर कोई आजादाना राय कायम करने की कोशिश भी की तो जिन्दगी का तवाजून⁴बिगड जाता है । उसे खुदसर⁵ और सरकश⁶का नाम दिया जाता है उसकी अपनी सलाहियत उसकी अपनी क्राबिलियत की कोई क़ीमत नहीं उस से बस इतनी उम्मीद की जाती है के बिना सवाल पूछे अपनी राय बताए बगैर सिर्फ अपनी ज़िम्मेदारीयाँ निभाए और ज़िन्दगी का सफर तै करे काश! उसे भी अपने तौर पर जीने का हक़ मिले अपनी राय जाहिर करने का मौक़ा किले जीवन में बराबरी का मक़ाम मिले यही तो चाहती है औरत और क्या?

1. यानी बगैर कुछ कहे 2. जिम्मेदारियाँ

3. अच्छे से, खुशी खुशी

5. घमंडी 6. बागी **7. हुनर** 4. संतुलत

Volume 1/Issue 11 / 10 March 2023







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ROYAL CONNAUGHT BOAT CLUB



General Manager Message



Mr. Nawaz Khan (General Manager RCBC)

Training on Grooming and Cleanliness F&B Team Shree Sham Caterers



Volume 1/Issue 11 / 10 March 2023







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ROYAL CONNAUGHT BOAT CLUB



Birthday Celebration – 24th Feb Mrs. Kalyani Joshi -Acct Cashier





Volume 1/Issue 11 / 10 March 2023









Birthday Celebration - 3rd March Mrs. Sarika Shukla – Housekeeping Manager

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Volume 1/Issue 11 / 10 March 2023







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ROYAL CONNAUGHT BOAT CLUB



Managing Committee Meeting

held on 08-02-2023



Volume 1/Issue 11 / 10 March 2023







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ROYAL CONNAUGHT BOAT CLUB



Building Committee Meeting

held on 18-02-2023

Volume 1/Issue 11 / 10 March 2023









Birthday Celebration

Faizal Poonawala (Building Committee Chairman)





Volume 1/Issue 11 / 10 March 2023

Next Page



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Birthday Celebration of Mr. Faizal Poonawala (Chairman-Building Committee)

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Volume 1/Issue 11 / 10 March 2023

Next Page



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Master Ayaan Soudagar Youngest Skuller of RCBC, 8yrs 8 months old

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Ozonated water capable of maintaining a clean, bacteria free ice machine, as well as producing pure, clear quality ice.

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First Vote given by Election Chairman Mr. Zoher Kachwala and Second Vote Given by President Arun Kudale



Third Vote given by Hon. Sec. Mr. Macchindra Deokar and Fourth Vote Given by Election Secretary Mr. Atul Atre



Volume 1/Issue 11 / 10 March 2023

Next Page



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Election Updates

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Volume 1/Issue 11 / 10 March 2023









Election Updates

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Volume 1/Issue 11 / 10 March 2023







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ROYAL CONNAUGHT BOAT CLUB



Election 2023-2026 Winner

Election 2023-2026 Winner Dr. Vishwas Yevale



Volume 1/Issue 11 / 10 March 2023







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ROYAL CONNAUGHT BOAT CLUB



Election 2023-2026 Winner

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> Election 2023-2026 Winner Mr. Kayan Irani



Volume 1/Issue 11 / 10 March 2023









Election 2023-2026

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Election 2023-2026 Winner Mr. Jitesh Patodia



Volume 1/Issue 11 / 10 March 2023









My experience in the Election Committee

It was a wonderful and a beautiful experience of conducting such a crucial activity of the Club. I am sure we all felt important and are thankful to the erstwhile President Shri Arun Kudale for considering us for this activity. Well, with the help of the Club Staff and management, we were all successful in carrying out this function of electing new members in the Club.

Initially, we worked out a plan to execute this activity judiciously. The contestants were required to fill in their forms with all correct information and hand over to the club office. These forms were then scrutinised in the presence of all the contestants in the conference room. Barring one, all the rest were eligible to contest. Then, the election procedure was finalised after carefully studying the systems and procedures involved. There were three contenders/agencies for this voting procedure, and we selected one party from Mumbai whose methods and charges were reasonable.

Each one of these parties had given us a demonstration of the system involved. Then, with the help of the staff and management of the club, the layout for the booths, etc,

Volume 1/Issue 11 / 10 March 2023

Next Page



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My experience in the Election Committee

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was finalised, and the election was successfully conducted without any flaws whatsoever. Thanks to the President Mr Arun Kudale, the Staff and Management this could be achieved smoothly and of course Kudos to Mr Zoher Kachwala, the Chairman of our Election Committee. It was a heartening experience from the dias of interacting with so many club members who had come to vote and within such a short time of a few hours.



Anil V. Kochhar (K-108-P) **Election Committee Member**



Volume 1/Issue 11 / 10 March 2023









Second General Body Meeting Held on 19-02-2023

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Volume 1/Issue 11 / 10 March 2023









Post Valentine Tambola 15/02/2023 Winners

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Volume 1/Issue 11 / 10 March 2023









Post Valentine Tambola Winners15/02/2023

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Volume 1/Issue 11 / 10 March 2023







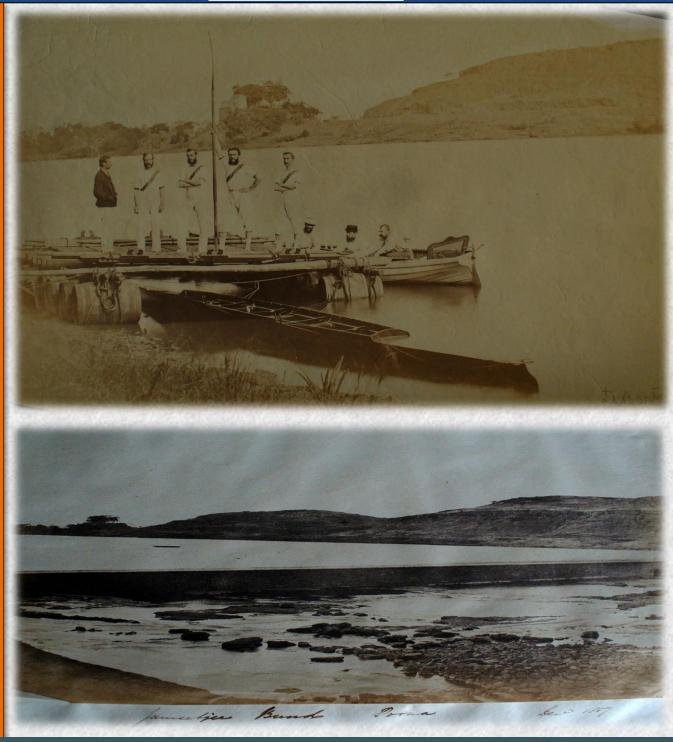


RCBC Photo Collection by **CJ** Barton

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Volume 1/Issue 11 / 10 March 2023









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Volume 1/Issue 11 / 10 March 2023









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Volume 1/Issue 11 / 10 March 2023









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Volume 1/Issue 11 / 10 March 2023









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Volume 1/Issue 11 / 10 March 2023









HOLI 2023 07-03-2023

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Volume 1/Issue 11 / 10 March 2023









HOLI 2023

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Volume 1/Issue 11 / 10 March 2023









HOLI 2023 07-03-2023

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Volume 1/Issue 11 / 10 March 2023









RCBC HOLI 2023 ENJOYED BY **USA GUEST**

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https://youtu.be/RSs5kqrMxUI

Volume 1/Issue 11 / 10 March 2023









WOMEN'S DAY CELEBRATION AT RCBC

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Volume 1/Issue 11 / 10 March 2023









WOMEN'S DAY CELEBRATION AT RCBC

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Volume 1/Issue 11 / 10 March 2023









WOMEN'S DAY CELEBRATION AT RCBC

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Volume 1/Issue 11 / 10 March 2023









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I am Shashi Loomba member of boat club.

I am youtuber. I have my cooking channel. My channel's name is 'Home Chef Shashi Loomba'. Till today I have uploaded 60 videos and I have 2178 subscribers https://youtu.be/Vm97MpNCWYg

For more recipes, please follow my channel:

Home Chef Shashi Loomba

French Fries | Homemade Crispy French Fries With A Twist | फ्रेंच फ्राइज एक दिलचस्प मोड़ के साथ | https://youtu.be/tx7YF-VNnIk

by MRS. SHASHI LOOMBA L-048-P-SPOUSE Mob:- 9623115788









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RCBC Employed Following Technology on Trial Bases Ozonated ice systems

The club takes its members health very seriously. It has always been its endeavour to not only provide the tastiest food and the choicest of beverages for its members but at the same time also ensure the safety and hygiene standards of its food is never compromised.

One aspect which is often ignored by many institutions is the quality of ice they use for their food preparations and also offer to their clients. As per the Municipal Health Dept Ice is also considered food and hence more the need for it being clean and safe.

Keeping this in mind The club has now installed the latest Ozone ice generation system. The Ice Generation system promises to provide bottled water quality ice right up to the users glasses.

Ozonation is a process used and approved for use by all countries for drinking water sanitisation for more than 100 years now. The US FDA has also listed it as a food additive (which means can be consumed without rinsing).

Volume 1/Issue 11 / 10 March 2023









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It is the only disinfection method in the world which does not use any chemical or leave any other residue other than oxygen . The process involves taking oxygen O2 from the air and splitting it to form O3 an activated form of oxygen. The O3 or activated oxygen molecule is a very potent disinfectant and turns back to O2 once it does its job of killing the most dangerous of bacteria or virus.

By installing the ozone ice making systems the club ensures the ice being served are not only made of pristine quality water but are disinfected and served in continuously sanitised ice buckets.

Ozonated ice ensures fish / meat etc remain fresher drinks retain their original taste and also ensure members health by eliminating such deadly viruses like MrSA / Salomonella, Norovirus, Typhoid, E.coli, Salmonella, Hepatitis, Legionnaire's Disease and much more....

Ozonated ice systems eliminate the need to clean ice machines internally as it does not allow any mold or fungus formation in the machine unlike traditional ice machines which require regular cleaning cycles to remove scaling / slime build up etc...









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Ozone removes all smell from water along with the contaminants and the ice served Is very fresh and smells fresh too ...

The ozone ice machine not only eliminates cleaning chemicals but also ensures members are able to intake good quality and fresh smelling beverages 24 hours a day.

The next time you have a bad throat infection be assured it's not from our ice.

This does not end here going forward your club would endeavour to eliminate toxic chemicals from all its cleaning operations in the toilets, floors carpets, dining tables, kitchen and other user areas soon....

Ensuring not only a cleaner but a very healthy club premise too.

By Mrs. Sashi S.

Accelerated Cleaning Systems (India) Private Limited



Approved



Volume 1/Issue 11 / 10 March 2023







Sleepless at the ICU and the lady patient from Bed No. 32

"Try to sleep now. You will feel better in the morning. We have given you a good anti-depressant tablet also."

"How can I sleep?" I replied. "I have nothing to do. You did not allow my laptop in the ICU and my cell phone is also confiscated and kept in the locker. How can I even try to go to sleep? I can only sit on my cot in my semi-cabin and keep watching the other patients in the ICU. I cannot get sleep in any case. Remember? My problem is because of my insomnia. I cannot sleep until 3 am or thereabouts. That is the reason why my problems have become bigger."

The male matron smiled and laughed a bit. I had not seen him smile in all my two hours at the ICU when I had been a rushed-in admission after a spike in my blood pressure. He had been standing alongside the cardiologist and the night-hour on-duty doctor while my case was being discussed. I had seen him reading through my file and repeatedly lifting his head to look at me as if he did not believe my case. I knew that he was very sceptical and we had to talk.

This was the first time that I had seen a male matron moving about in an ICU, very confident and knowledgeable and in control of his team. I looked around my section of the ICU. We were in an internal sub-section of the very large ICU area. At this time, well past midnight, there were four female and eight male nurses moving about, silently, intent on their tasks, checking their wards, unsmiling, looking at the patient files, examining their catheters and drips.

Volume 1/Issue 11 / 10 March 2023





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They were in the new uniforms, both male and female, except that the women wore pink colored shirts and trousers while the men were in Prussian blue. They did not look like the nurses of earlier years, dressed in white, without their narrow-waisted gowns and smart perky caps. The younger male nurses were rushing through, reading the patient files in detail and were simply whisking off the catheter to hastily replace with new ones.

"What does my file say about my blood pressure reading?" I asked the young male nurse as he picked up my patient file. "Is it ok? Do they write about my ECG and blood pressure? Is there any written report that I can read?"

"I do not know," he replied. "I do not read any of that stuff on these green pages. You have to ask Nagare Sir."

"Who is Mr. Nagare Sir? Your ICU matron? He may not allow me to read my file. Why don't you read them?"

He did not reply. He had glanced back hastily and had seen the matron watching the both of us chatting at this later than late midnight hour. ICU patients were supposed to be asleep and a chatting nurse was very suspicious. I smiled at the matron and as I thought, he did not smile back. Boy, was he strict or what? But he had not seemed so. I watched him chat with the lady patient from Bed No. 32 who was walking around. She must have been in her late eighties, I guessed. She was walking from her bed section to the Matron's counter and making a circuit of the medicine carts and the on-duty doctors. She did not talk to anyone but just ambled along, slowly. My guess was that she was chanting, most possibly. She was worried about something but did not want to allow her fear to overpower her. She had been chanting like this, all her adult life, and it gave her courage and strength. She was here, wasn't she, in the ICU, walking about peacefully, smiling, not worried about the ceiling a/c units and not avoiding the cold draft.

Volume 1/Issue 11 / 10 March 2023











"She has a surgery tomorrow morning, early tomorrow morning. She may survive and she may not. She knows."

Startled at the very deliberately enunciated low voice very close to me, I turned around hastily. It was Mr. Nagare. He had come up silently and had been standing alongside, watching the lady patient from Bed No. 32 as I had done.

"She seems very courageous," I said. "Do you know if she is chanting something? She does not sleep easily?"

"Would you? Would you sleep as easily if you know that you had a surgery tomorrow morning and you are all alone here in the ICU and your family does not bother if you not return from the hospital at all? Not concerned at all."

I looked at the lady, concerned and worried about her now. I watched her smile at the doctor-on-duty and pat him on his shoulder and comfort him about something. A lady nurse came up to her to ask her to return to the bed and she pointed at Mr. Nagare, the matron, standing next to me. So he had permitted her to walk around in the ICU.

"Nagare Saheb, that is not fair," I said. "You do not allow me to move around and do not allow me my laptop and cellphone and you allow her to walk about. Is it ok if I can talk with her? I can give her company until dawn if you think that is ok. I am a compulsive insomniac and try as much as you can, I am not going to get knocked off to sleep. If she is ok with my company, I can sit with her here, in my section and chat. We will not disturb the other patients."

Without any reply, he went up to the lady and placed a hand on her elbow and brought her to my cot. I brought my palms together and greeted her. She willingly sat on one corner of the bed and looked at me, silent, without judging me. I could sense it. She had no opinion. She was just there, accepting of anything that would happen to her.

Volume 1/Issue 11 / 10 March 2023













"Mataji, I am here for blood pressure and insomnia and panic attacks. All my problems are of a fast moving world and addiction to multi-tasking and the internet and working on computers all the time. This visit will probably slow me down when I return and after two to three months, I may get back to the same intensity and take more chances."

She smiled. She knew that I was trying to make small talk. She pulled out her chanting beads and gestured.

"I just do jaap. I recite his nama, incessantly, without any stop. It must be the same. I also love my god in the same way that you love your work. We are the same. If we do not do what we do now, we will do something else and will once again be drowned in the same rush. Our matron Sir must have told you that I am having a surgery tomorrow and he must have told you that I may survive or may not. Do not worry about me. My family has given up on me. But my god has not. I know it. If he calls me to him, tomorrow, I win. If he does not call me to him, I win. It is the same."

Mr. Nagare laughed. I smiled. It was very difficult not to be emotional and not to be able to show it visibly.

"I am only aware of the magic of meeting new people. Each person is different and I feel very strongly that each new individual is in HIS plan for me. He always sends someone to me. My family hardly ever talks to me. They are only interested in my bank accounts and documents. When I walk, and when I chant, I am grateful that my poor 87-year-old ankles still have the strength. We will meet tomorrow, for sure. I hope you will be here when I return."

> MR. BHUSHAN BHARAT B. 122-SER

Volume 1/Issue 11 / 10 March 2023









पुणेरी सायकल

मी 1956 साली पुण्यात आलो. त्याच्या अगोदर ठाण्यात रहात होतो. विडलांची बदली झाल्यानंतर पुण्यात आलो.

ठाण्यात अस्ताना पायी चालणे हेच प्रवासाचे मुख्य साधन होते. सायकल ही एक हौसेची गोष्ट असे, किव्वा ती एक संधनतेचे लक्षण असे

पुण्यात आल्यावर सायकल हे एक गरजेचे वाहन आहे हे लक्षात आले. ठाण्यात असताना गावाच्या दुसऱ्या टोकापर्यंत झपाझप चालत जात असे, पण पुण्यात आल्यावर शॅंभर फुटावरील वाण्याच्या दुकानात सुद्धा सायकलीवरून जाणे होत असे.

पुण्यात असताना माझी शाळा सदाशिव पेठेतील गोपाळ हायस्कूल ही होती. पुण्यात येण्यास उशीर झाला म्हणून मला बाकिच्या शाळेत प्रवेश मिळेनॉ. माझे एक चुलते लक्ष्मण देशपाँडे मास्तर गोपाळ हायस्कूल चे प्रमुख व संस्थापक असल्यामुळे दोन महिने उशीरानेसुद्धा मला शाळेत प्रवेश मिळाला. मी त्यावेळेस विजयानगर कॉलनीत रहात होतो. खरेतर गोपाळ हायस्कूल घरापासून फार दूर नव्हते. ठाण्यात माझी शाळा साधारण पणे एव्हढीच दूर होती. तिकडे मी चालत् जात असे. परन्तु पुण्यात मात्र शाळेत सायकलीवरून जाणे होत असे.

पुणेरी कडक उन्हाळा मला नवाच होता. कधी पाऊस सुरू होणार असे व्हावयाचे. मे महिन्यातील वळवाच्या सरी कोसळल्यावर किंवा पावसाळ्यात जर कदाचित मुसळधार पाऊस पडला तर सायकलवर स्वार होऊन टिळक रोंड वरून तुफान वेगात सगळा सदाशिव पेठ पालथा करीत ओलेचिंब भिजण्यास जी मजा यावयाची ती अपूर्व च होती.

Volume 1/Issue 11 / 10 March 2023





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त्यावेळेस पर्वती वर जाण्यास सरळ मार्ग नव्हता. कॅनॉल वर एक लोखंडी पूल होता. पेशवे पार्क वरून सिंहगड रोड ओलांडल्यावर एक लोखंडी जिंना लागत असे. सायकल हातात घेऊन किंवा खांद्यावर चढवून तो जिना पायी चढून पर्वती गावातून सायकलीवरून जावे लागे. दुसरी मार्ग म्हणजे टिळके रोड वरून स्वार गेट गाठायचे व सातारा रोंड वरून सध्या च्या मित्र मंडळ रस्त्यावरून पर्वतीला जायचे. त्यावेळेस हा रस्ता कच्चा आणि खडबडीत व निर्मनुष्य असे. त्यामुळे हा रस्ता त्याचबरोबर सातारा रस्त्यावरील साईबाबाचे मंदीर कॉलेंज आणि शाळांतील मुलामुलींचे अत्यंत आवडती ठिकाणे होती. त्यावेळेस मैत्रिणीबरोबर समॉतर आणि कमी अंतर ठेवून सायकल चालवणे ही एक स्वतंत्र कलाच होती. अर्थात त्यावेळेस मैंत्रीण असणे सुद्धा खूप दुर्लभ असे.

सायकलीवरून मैत्रीणीच्या घराभोवती फेऱ्या मारण्याचा आनंद आणि उत्कंठा वेगळीच असे. अनेक फेऱ्या नंतर मैत्रिणीने दारात उभी राहून किंवा खिडकीतून पोच पावती दील्यानंतरची धन्यता वेगळीच.

काहीजण समुहाने सायकल चालवत असता शिताफीने शेजारच्याला पुढील चांकाचा धक्का देऊन पाडण्यात निष्णात असत. तसे करण्यात त्यांना कसला कृर आनंद होत असेल हे त्यांचे त्यांनाच माहीत. माझ्यावर असे बरेच प्रयोग झाले. कदाचित त्यात असुया सुद्धा असु शकेल. वयाच्या 15-16 व्या वर्षी मित्रांबरोबर सिंहगुड रॉड वरून सायकलीवरून सिंहगडाच्या पायथ्यापर्यंत जाऊन्, पायी गड चढून जाण्यात आणि परतींच्या वाटेने पुण्याला येण्यात जें साहसी समाधान वाटत असे ते वेगळेच.

BY डॉ. सुभाष देशपांडे (D-057-P)

Volume 1/Issue 11 / 10 March 2023









"Mind Meld"

Science Meets Psychology & Illusion in the **World of Mind Reading Careers**"

Mind reading is a fascinating and controversial subject that has gained popularity in recent years with the help of science and technology. It involves playing with the intricacies of the human mind, which is a complex phenomenon that scientists, philosophers, and mystics have studied for centuries

- The mind as we know it, is the source of our thoughts, emotions, and perceptions, and it has the power to shape our experiences and influence our behavior. However, despite its importance and central role in our lives, the nature of the mind remains largely mysterious.
- Advances in neuroscience have shown that the brain is an interconnected network of neurons that adapts and changes based on new experiences and information. This makes it possible to alter, manipulate, and restrict thoughts over time, through experiences, learnings, Suggestions, and imagination.
- Quantum physics, on the other hand, suggests the mind may influence physical reality in ways not fully understood, supported by evidence in fields like quantum entanglement and non-local communication.
- The powers of the mind are truly remarkable, However. The mind also has its blind spots.

Volume 1/Issue 11 / 10 March 2023

Next Page



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such as susceptibility to manipulation, suggestions, experience, conditioning, and biases. Our perception of the world can be easily influenced by things like expectations, beliefs, emotions, and Visual and auditory cues, which can cause us to see things that are not really there or to ignore things that are. By understanding these limitations, mentalists and mind readers can create seemingly miraculous simulation feats of mind-reading, and other mental phenomena and influence the beliefs and thought processes of their audience. These principles also have applications in

advertising, Marketing, and sales, and are used to influence consumer behavior in subtle and effective ways.

Let me explain a few principles, "Mind reader" and "Mentalist", often used interchangeably, use,

- Social influence is used to get their audience to conform to their beliefs and follow their suggestions by using the principle of authority to gain the trust of their audience.
- Attention control such as misdirection, distraction, and suggestion are used along with subtle body language to direct their audience's focus toward a particular object.

Volume 1/Issue 11 / 10 March 2023

Next Page



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ROYAL CONNAUGHT BOAT CLUB



- Perception manipulation forms a crucial tool for mentalists who understand very well that perception is subjective and that people often see what they expect to see, or what they are told to see, Thus often used to convince their audience that they have accurately predicted the future.
- Confidence tricks like leading questions or nonverbal cues are used to gain insight into their audience's thoughts, and then use that information to simulate mind-reading.
- NLP (Neuro-Linguistic Programming) technique such as anchoring is used to associate specific emotions, thoughts, or beliefs with particular stimuli, thereby using those associations to influence their audience's choices.

Mentalists and Mind reader may use their skills beyond entertainment, including therapy and counselling to help people to overcome fears, phobias, emotional or mental barriers or to develop a better understanding of oneself and others. However, not all mentalists have the knowledge and expertise to provide such counseling and It's crucial to keep in mind that mentalist counseling is not a substitute for proper therapy or mental health treatment.

Volume 1/Issue 11 / 10 March 2023











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Ε R Misuse of such skills for personal gain or creating false beliefs can have severe consequences, thus secrets of this artform are closely guarded and should always be used in an ethical and responsible manner.

Mind Reading is a unique and fascinating career that combines science, psychology and illusion to create supernatural entertainment. Beware, the illusion of simplicity may be deceiving in the realm of mentalists and mind readers, but executing such sophisticated interweaving of numerous phenomena and procedures demands an unwavering level of expertise, and finesse, an artistry that is not everyone's cup of tea.

About Dr Kruti Parekh:

Dr. Kruti Parekh, an eminent mentalist with 25+ years of experience, travels globally to captivate corporate audiences with her stunning mind-reading shows and motivational training sessions, leaving them in awe of her seemingly supernatural abilities and imparting the wisdom to train their own minds creating resilient Mindsets.

www.krutiparekh.com

Instagram:@officialkrutiparekh

Volume 1/Issue 11 / 10 March 2023









सेल्समेन

एक भारतीय ने जॉब छोड़कर कनाडा के 1 बड़े डिपार्टमेंटल स्टोर में सेल्समेन की नौकरी ज्वाइन की।

बॉस ने पूंछा- तुम्हें कुछ तज़ुर्बा है?

उसने कहा कि हां थोड़ा बहुत है।

पहले दिन उस भारतीय ने पूरा मन लगाकर काम किया।

शाम के 6 बजे बॉस ने पूंछा— आज पहले दिन तुमने कितने सेल किये?

भारतीय ने कहा कि सर मैंने 1 सेल किया।

बॉस चौंककर बोले— क्या मात्र 1 ही सेल?

सामान्यत: यहाँ कार्य करने वाले हर सेल्समेन 20 से 30 सेल रोजाना करते हैं।

अच्छा ये बताओ तुमने कितने रूपये का सेल किया?

93300 पाउंड्स, भारतीय बोला।

क्या?

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लेकिन तुमने यह किया कैसे?

—आश्चर्यजनक रूप से बॉस ने पूंछा।

भारतीय ने कहा— 1 व्यक्ति आया और मैंने उसे एक छोटा मछली पकड़ने का हुक बेचा।

फिर एक मंझोला और फिर अंततः एक बड़ा हुक बेचा।

फिर उसे मैंने 1 बड़ी फिशिंग रॉड और कुछ फिशिंग गियर बेचे।

Volume 1/Issue 11 / 10 March 2023









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Ε R फिर मैंने उससे पूंछा कि तुम कहां मछली पकड़ोगे और उसने कहा कि वह कोस्टल एरिया में पकडेगा।

तब मैंने कहा कि इसके लिए 1 नाव की जरूरत पड़ेगी।

अतः मैं उसे नीचे बोट डिपार्टमेंट में ले गया और उसे 20 फीट की डबल इंजन वाली स्कूनर बोट बेच दी।

जब उसने कहा कि यह बोट उसकी वोल्कस वेगन में नहीं आएगी।

तब मैं उसे अपने ऑटो मोबाइल सेक्शन में ले गया और उसे बोट केरी करने के लिए नई डीलक्स 4 × 4 ब्लेज़र बेची। और जब मैंने उसे पूंछा कि तुम मछली पकड़ते वक़्त कहां रहोगे। उसने कुछ प्लान नहीं किया था तों मैं उसे कैम्पिंग सेक्शन में ले गया और उसे six sleeper camper tent बेच दिया।

और तब उसने कहा कि उसने जब इतना सब कुछ ले ही लिया है तो 200 पाउण्ड की ग्रांसरी और बियर के 2 केस भी लेगा।

अब बॉस 2 कदम पीछे हटा और बेहद ही भौचक्के अंदाज में पूंछने लगा—

तुमने इतना सब उस आदमी को बेच दिया जो केवल 1 fish hook खरीदने आया था?

"NO, SIR," वह तो केवल सरदर्द दूर करने की 1 टेबलेट लेने आया था। मैंने उसे समझाया कि मछली पकड़न, सरदर्द दूर करने का सबसे अच्छा उपाय है।

बॉस- तुमने इसके पहले भारत में कहां काम किया था?

Volume 1/Issue 11 / 10 March 2023









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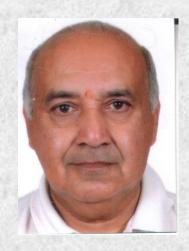
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भारतीय- जी मैं प्राइवेट हॉस्पिटल में कंपाउंडर था घबराहट की मामूली शिकायत पर हमलोग मरीजों से पैथोलॉजी, ईको, ईसीजी,सी टी स्केन,एक्सरे, एम ओर आई इत्यादि टेस्ट करवा देते हैं।

बॉस— तुम मेरी कुर्सी पर बैठो, मैं इंडिया में ट्रेनिंग के लिये प्राइवेट हॉस्पिटल ज्वाईन करने जा रहा हूं।

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By:-Chandrashekhar Chaudhari C-052-L









R





Those days of riding a cycle the whole day without any worry,

Will surely be the best days of this journey...

Those days of learning all Harry Potter spell is word tension free,

No diplomacy no betray is just a school bench with friends three...

Those days of stupid fights,

Those days of tranquil nights,

Those days of playing and drinking, the whole day,

Where the only tension was to reach home late and have no excuse to say...

It's funny how time passed by so quickly,

And now it's suddenly stopped grimly...

People back then used to help in those little difficulties,

Now they just walk by smiling at your miseries,

If we could just ask god to pause and replay childhood,

To bring back that 'I don't care about the world' attitude ..

I wish I realise the importance of being a child when I was one,

Where even getting embarrassed and public was fun...

But what I have now is also great,

I have some problems but to live life to the fullest it's not so late ...

So get back that childhood mood once again,

Think you are a grown-up with the an unruffled brain ..

Be thankful for each and every breath you take,

Because after all,

It's your life and it's yours to make...

Thank you





Volume 1/Issue 11 / 10 March 2023









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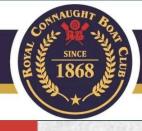
SHAAN AMIT MADAN



Shaan Amit Madan started writing poems from the tender age of 10 he is now 16 years of age and studies in loyola high school Pune. He hopes everyone who reads his poems can connect to it...He has been awarded with the junior Shakespeare and best speaker award Pune









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थोडं जगून बघ

जन्माला आला आहेस थोडं जगून बघ जीवनात दुःखं खूप आहेत थोडं सो्सून् बघ चिमुटभर दुःखाने कोसळू नकोस दुःखाचे पहाड चढून बघ अपयश येतो निरखून बघ डाव मोडून सोपं असतं थोडं खेळून बघ घरटं बांधणं सोपं असतं थोडी मेहनत करून बघ जगणं कठीण मरण सोपं असतं दोन्हींमधल्या वेदना झेलून बघ जीवन मरण एक कोडं असतं जाता जाता एवढं सोडवून बघ.

By

Deepak Chakre IT Manager RCBC



Volume 1/Issue 11 / 10 March 2023











मी अस्तिवातच नाही.

मी मला शोधून पाहिले, यात पाहिले त्यात पाहिले, वस्तूत पाहिले, श्ररीरात पाहिले, जागेत पाहिले, स्तुतीत पाहिले, निंदेत पाहिले, लाभात पाहिले, हानित पाहिले आवडीत पाहिले, नावडीत पाहिले, माझ्या मोठेपणात पाहिले, माझ्या झजेपणात पाहिलेहा, मी मला कुठे सापड्ला नाही, मग मला त्रास कृशाचा होतोय? अस्तिवात न्सलेल्या मी चा, एवढा त्रास का होतोय. अस्तिवात नसलेला मी, मी च पक्का केलाय, त्याला वस्तुल ठेवला, त्याला शरीरात ठेवला त्याला जागेशी जोडला, त्याला स्तुती प्रिय केला, निंदेने दूर जाणारा केला आवडीने भारावून गेला आणि नावडीने तिरस्करता झाला त्याला निंदेची सवयच लावली नाही, त्यामुळे द्ोन शब्द इत्रांचे सहज घ्यायची त्याची सवयच राहिली नाही. त्याला मोठेपणात मोठे होऊ दिले खुजे पणात् त्याला खचू दिले, त्याच्या प्रत्येक बाबतीत त्याला महत्त्व देत गेलो आज तो एवढा मोठा झालाय, की तो मुळात अस्तिवात च नाही, हे मी व तो पार विसरून गेलोय. हो मी जो त्याचा विचार करतोय तो सुधा त्याचे पासून वेगळा आणि पक्का

नाही हे पण विसरतो. चित्रेवर पहुडलेल्या माझ्या पार्थिवाला धगधगत्या अग्नी ज्वाळांनी फरक पडत

नाही .मग् अस्तिवात च नसलेल्या मी ला.

शब्दांच्या निखाऱ्यांच एवढा का त्रास व्हावा. त्या मी ला,

मीच जिवंत ठेवलंय, त्याला इतकं संवेदनशील बनवलय की,

शब्दांचे निखारे त्याला सहन होत नाहीत. म्याझ्या या मी चा अंत झ्याल्या

शिवाय हे संपणार नाही,

मी हे लिहीत पण आहे या मी च्याच् जाणिवेतून मी नाही हे सत्य कुळो मज लवकर, माझ्या दुःखाचा अंत होओ लवकर, माझ्या मी चा अंत होओ लवकर, मी चा अंत करण्याचे बळ मिळो मज तरच दुख जाऊन, राहील अमर्त्य.



मला आवडलेली कविता प्रदीप मून (बोट क्लब पुणे)

Volume 1/Issue 11 / 10 March 2023

Next Page



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Upcoming Program



Volume 1/Issue 11 / 10 March 2023











Upcoming Program



Volume 1/Issue 11/10 March in 2023 a postclippinue co in Mepsite- pttbs://postclippinue com

Next Page



https://boatclubpune.com





Ongoing Program



ROYAL CONNAUGHT BOAT CLUB



E-mail: info@boatclubpune.com, info@boatclubpune.co.in \Website: https://boatclubpune.com/

GYM TOURNAMENTS

- 1) Max pushups
- 2)Max pull-ups
- 3) 5 km run
- 4) Most gym visits in a year
- 5) Max weight loss in 3 months challenge
- 6) Min body fat percentage by 31st March 2022
- 7) Mr RCB





Mr. Kayan Irani Chariman Catering

Mr. Dilipkumar Saraf Chairman Entertainment

Volume 1/Issue 11 / 10 March 2023









Ongoing Program



ROYAL CONNAUGHT BOAT CLUB



ETENN

COACHING

SCHEDULE OF EVENTS WITH FEES

Weekdays' batch Coaching (Monday to Friday, 5 days a week)

For one hour of weekdays' batch coaching

For two hours of weekdays' batch coaching

MEMBER 2000/-

NON MEMBER 3500/-

3000/-

5000/-

Only weekend Coaching (Saturday-Sunday 2 days a week)

For one hour of weekend batch coaching

1000/-

2000/-

coaching 1500/-

For two hours

of weekend

batch

3000/-

egisterc At



Sameer Savla **Chairman Sports**

Volume 1/Issue 11 / 10 March 2023









Ongoing Program



Library has been established and is open for Members

Venue: Mezzanine Floor (Pocha Hall Building)

Nothing is pleasanter than exploring a library.

Time: 9:00 AM to 9:00 PM

Macchindra Deokar Hon. Secretary

Volume 1/Issue 11 / 10 March 2023











Ongoing Program



ROYAL CONNAUGHT BOAT CLUB

Presents

TOMBOLA



ON EVERY WEDNESDAY TIME: 6:45 PM

AT RCBC













Ongoing Program



ROYAL CONNAUGHT BOAT CLUB



EVERY SUNDAY 7:00 PM Onwards

Volume 1/Issue 11 / 10 March 2023











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Hon. Secretary

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VP - Farmer

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Volume 1/Issue 11 / 10 March 2023









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Volume 1/Issue 11 / 10 March 2023















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Volume 1/Issue 11 / 10 March 2023

Last Page

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